

YOU'RE INVITED TO

FE

THE PARK STEPS PEAK CHALLENGE

Think you have what it takes to defeat the
infamous Park Steps?

Join us for
THE PARK STEPS PEAK CHALLENGE,
a morning of pushing yourself to the limit in
order to raise money for



Friday 21st November 2025
6am to 12pm

The Park Estate Steps,
Nottingham

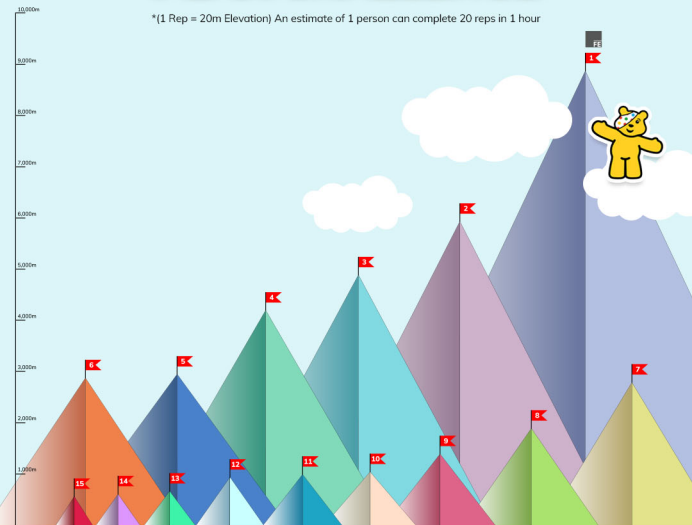
Please RSVP to
bailey.walker@franklinellis.co.uk



THE PARK STEPS PEAK CHALLENGE

















































*(1 Rep = 20m Elevation) An estimate of 1 person can complete 20 reps in 1 hour



Amount of Reps	Name of Peak
443	Mount Everest
295	Mount Kilimanjaro
241	Mont Blanc
208	Mount Toubkal
146	Mount Olympus

Amount of Reps	Name of Peak
143	Mount Triglav
139	Mount Nirvana
93	Pico Ruivo
67	Ben Nevis
54	Snowdon

Amount of Reps	Name of Peak
52	Carrauntoohil
49	Scafell Pike
34	Lions Head
31	Kinder Scout
29	Black Hill

Amount of Reps		Name of Peak	Participants	Company
 1	443	 Mount Everest	 30	
 2	295	 Mount Kilimanjaro	 16	
 3	241	 Mont Blanc	 13	
 4	208	 Mount Toubkal	 12	
 5	146	 Mount Olympus	 8	
 6	143	 Mount Triglav	 8	
 7	139	 Mount Nirvana	 8	
 8	93	 Pico Ruivo	 5	
 9	67	 Ben Nevis	 4	
 10	54	 Snowdon	 4	
 11	52	 Carrauntoohil	 4	
 12	49	 Scafell Pike	 3	
 13	34	 Lions Head	 2	
 14	31	 Kinder Scout	 2	
 15	29	 Black Hill	 2	